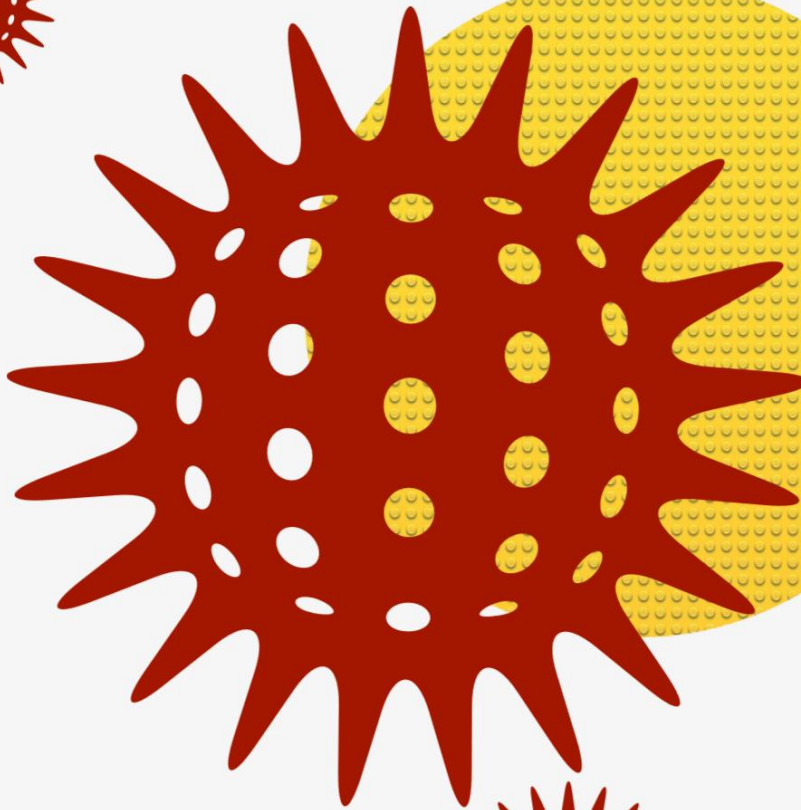
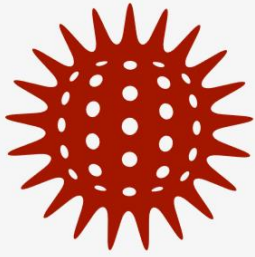


MAPUTIATOTA'S CORONA-STUCK NANO EBOOK 7



**PRACTICAL TIPS ON WHAT
TO DO WHILST STUCK AT
HOME.**

Live productively during the
Corona Virus lockdown!

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Introduction

Hello! Welcome to my **seventh** book in a **14 part** nano-ebook series. I'm Maputiatota*, and I live in this amazing country, Zimbabwe. Very little content is available about how to live **productively** during the Corona Virus lockdown, and I am on a mission to leave you better than you were when the lockdown began.

Excited? Well so am I! I hope you will enjoy this short read!

Thank You

In life the simplest words are the hardest to say. Today we are going to learn a simple phrase that most people find hard to say, and that is....Thank You.

Front Line Workers

During this corona virus pandemic, thousands of people are dying. We all get the time to turn the TV on, scare ourselves to death, read chain WhatsApp messages about concoctions that are said to "cure" the corona virus. There is one thing, however, that we never find time for. We never get time to thank the front line workers.

Front line workers include but are not restricted to the following:

- Doctors
- Nurses
- Policeman
- Teachers, and Lecturers offering their online services
- Essential services workers in power generation, municipalities, media production houses, construction services and telecommunication.

Well how can we express our gratitude to them?

Well the next time you see them going to work, wave at them. Give them a mighty big smile because they are going to do work that will make your life much more comfortable than it would be if they were absent.

Send thank you messages to your relatives on the front line. Just a short, well scripted message thanking them for their essential services will do. If you come from a religious background, pray for them. Ask the creator to watch over them during their way to work, at work, and on their way home.

Help them out where you can. Standing in a queue? Let them go first. This seemingly small gesture can really change their mood because they would've certainly gotten exhausted from working flat out.

How else?

Well, make sure they join the Old Mutual package for health professionals.

Here's an excerpt from an article from "The Standard" (Date: 09/04/2020) by Cecilia Kamupata.

"In this period of crisis, we have mobilised to work alongside those who are fighting the epidemic, which is why we have decided to make this practical gesture of support to our hospital staff, who are working to ensure adequate care for patients as well as universities which are innovating to produce key

materials required to fight the pandemic,” said Old Mutual Zimbabwe Chief Executive Officer, Sam Matsekete.

Matsekete added that the package on offer covers the life of health professionals for the period April 2020 to 30 September 2020 with the priority being the safeguarding of health professionals as they battle to serve the lives of Zimbabweans.

In the event of losing the life of a health professional, Old Mutual undertakes to pay up to 12 times monthly basic salary to the surviving family of the health professional and through this scheme, COVID-19 deaths and accidental deaths will be covered immediately whilst death from any other causes will have a three- month waiting period.

To qualify for the scheme, health professionals will have to register with the Old Mutual to receive free cover for six months with an offer of an opportunity to continue the cover beyond six months at a discounted cost.

I looked around, but didn't manage to find any links on how to register to access that benefit. Maybe they have to go there in person – I don't know. Share this article with them and help them benefit from this.

Last of all, You can donate

Here are a few donation platforms

Ecocash

Techzim recently wrote an article (click [this link](#) for the full article) about the facility opened by Econet for people who want to donate to help during this pandemic. To donate, use the shortcode ***151*2*2*018533*Amount#**

WHO

The WHO has a COVID solidarity response fund. To donate to this, head over to the site <https://covid19responsefund.org/>

Pindula wrote a lovely article on other donation platforms. For obvious reasons I can't just copy and paste the article, but I will give a link and summarize what's written.

Donation platforms:

Zimbabwe COVID 19 Citizens Healthcare support fund – This is on GoFundMe and only accepts international payments.

Citizens Initiative via Ecocash. This uses the local Ecocash platform for the donations.

Covid-19 Zimbabwe. This another GoFundMe fundraising campaign which accepts international payments.

Roots Covid-19 Respond fund. This uses PayPal, and the Ecocash platform for the donations

Interested? Well head over to [this link](#) and you will be able to get the complete information on how you can help the fight against the Corona Virus.

Conclusion

I would like to give my sincere gratitude to all those working on the front line. Keep up the excellent work. As a man of the Christian faith, I say, may the dear Lord bless your souls and bring wealth and prosperity among your descendants.

That's it for today. Tomorrow will be about opportunities we must definitely go after.

I hope you enjoyed it. For more material, feel free to head over to my blog <https://maputiatotablog.wordpress.com>

I'm available on Instagram @ maputiatota, and on Twitter @ maputiatota
Don't be shy to say hi!